



## FOOD

Agency	Description	Location	Phone	Website/Email
Centro Hispano	Food Pantry	650 W 100 N Provo, UT	801-655-0258	Website: <a href="https://centrohispanouc.org/">https://centrohispanouc.org/</a>
Community Action Services	Food Pantry	Provo: 815 S Freedom Blvd. Ste 100 Provo, UT 84601  Orem: 93 N 400 E Orem, UT 84097  Springville: 105 S 400 E. Springville, UT 84663	801-373-8200	Website: <a href="https://www.communityactionprovo.org/">https://www.communityactionprovo.org/</a>  Email: Casfb.comunit yactionuc.org
Tabithas Way-South Utah County	Food Pantry	45 E 100 N Spanish Fork, UT 84660	801-709-8573	Website: <a href="https://tabithasway.org">https://tabithasway.org</a>  Email: <a href="mailto:info@tabithasway.org">info@tabithasway.org</a>
Tabithas Way-North Utah County	Food Pantry	920 E State Rd. American Fork, UT	801-692-1881	Website: <a href="https://tabithasway.org">https://tabithasway.org</a>  Email: <a href="mailto:infonorth@tabithasway.org">infonorth@tabithasway.org</a>

WIC	Food assistance for new mothers and babies.	<p>Utah County Health Department Locations Provo WIC Clinic 151 S University Ave Ste 2100 Provo, UT 84601</p> <p>American Fork WIC Clinic 599 S 500 E American Fork, UT 84003</p> <p>Saratoga Springs WIC Clinic 1528 Commerce Dr. Ste 204 Saratoga Springs, UT 84045</p> <p>Payson WIC Clinic 285 N 1250 E 3rd Floor Payson, UT 84651</p>	Phone number for all locations: Call: 801-851-7300 Text: 385-312-0625	

## INSURANCE

Agency	Description	Location	Phone	Website/Email
Select Health	Health Insurance		800-816-4129	Website: <a href="https://www.selecthealth.org/">https://www.selecthealth.org/</a>

## JOB TRAINING

Agency	Description	Location	Phone	Website/Email
Centro Hispano	Offers job skills trainings such as electrician, computer programing, and more.	650 W. 100 N. Provo, Utah	801-665-0258	Website: <a href="https://www.centrohispanouc.org">https://www.centrohispanouc.org</a>

## COMMUNITY RESOURCES

Agency	Description	Location	Phone	Website/Email
211	Community Resource Hotline	Phone and online access only	211	<a href="https://www.utah211.org">https://www.utah211.org</a>
Ability First Disability	Providing services to individuals with disabilities to help them remain active and independent in their communities.	1455 W 820 N Provo, UT 84601	801-850-5565	Website: <a href="https://ability1stutah.org/">https://ability1stutah.org/</a>  Email: <a href="mailto:staff@ability1stutah.org">staff@ability1stutah.org</a>
Alzheimer's Association of Utah	Support and resources to those who have Alzheimers and their families.	Utah Office in Draper, UT 1289 S Pony Express Rd #300, Draper, UT 84020	24/7 helpline 800-272-3900 Option 2 for Spanish	<a href="https://www.alz.org/utah?set=1">https://www.alz.org/utah?set=1</a>
Carseat Class	Free car seat safety course. Virtual and in person options available. Registration is required.	151 S. University Avenue, Provo, 2nd floor, room 2601	801-851-7513	Register for a class at this link <a href="https://docs.google.com/forms/d/e/1FAIpQLSfWBypGDJwgDEEEZdRhL2AHBkaTw4BfldY2OViy3xppPJz8w/viewform">https://docs.google.com/forms/d/e/1FAIpQLSfWBypGDJwgDEEEZdRhL2AHBkaTw4BfldY2OViy3xppPJz8w/viewform</a>

				Website: <a href="https://health.utahcounty.gov/health-promotion/classes-trainings/#class">https://health.utahcounty.gov/health-promotion/classes-trainings/#class</a>
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## SUICIDE

Agency	Description	Location	Phone	Website/Email
Statewide Suicide Hotline	Suicide Crisis Hotline Community Crisis Intervention & Support Services	Hotline & online only	988	<a href="https://healthcare.utah.edu/hmhi/programs/crisis-diversion#utahcrisisline">https://healthcare.utah.edu/hmhi/programs/crisis-diversion#utahcrisisline</a>

## LGBTQ+

Agency	Description	Location	Phone	Website/Email
The Trevor Project	Support for LGBTQ+ community Reach a counselor, online support, online community.	Online only	1-866-488-7368 Text START to 678-678	Website: <a href="https://www.thetrevorproject.org">https://www.thetrevorproject.org</a>
Encircle	LGBTQ+ community programs, support groups, safe and	91 W 200 S Provo, UT	801-613-7305	Website: <a href="https://encircletogether.org/">https://encircletogether.org/</a>  Email:

	supportive place. Drop in for ages 12-26, M-F 3-8 pm.			<a href="mailto:info@encircletogether.org">info@encircletogether.org</a>
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## IMMIGRATION SERVICES

Agency	Description	Address	Phone	Website/Email
Centro Hispano	Provides low cost immigration services.	650 W 100 N Provo, UT 84601	801-665-0258	Website: <a href="https://www.centrohispanouc.org/">https://www.centrohispanouc.org/</a>
BYU Legal Clinic	Provides free legal services to those in need.  Open Thursdays from 5-7pm (excluding holidays) Assistance available in English and Spanish	BYU Office of Belonging Wilkinson Center Room #2400 1060 E Campus Dr. Provo UT 84604	801-297-7049	Website: <a href="https://law.byu.edu/centers-and-clinics/">https://law.byu.edu/centers-and-clinics/</a>  Email: <a href="mailto:communitylegalclinic@law.byu.edu">communitylegalclinic@law.byu.edu</a>

## SCHOOL

Agency	Description	Address	Phone	Website/Email
Alpine School District	Student Educational Equity  Connect with the school Social Working, every school has one!		801-610-8512	
Nebo School District	Nebo Migrant Services		801-354-7400	

	Connect with the school Social Working, every school has one!			
Provo School District	Title 3 Office  Connect with the school Social Working, every school has one!		801-370-4624	Website: <a href="#">Student Services   Provo City School District</a>  Email: <a href="mailto:claudiab@provo.edu">claudiab@provo.edu</a>

## MEDICAL

Agency	Description	Address	Phone	Website/Email
Mountainlands Family Health	Provides health care services for low income, uninsured and underinsured community members.	East Bay Health Center 299 E 900 S Ste. 101 Provo, UT 84606  Provo Family Health Center 589 S State St. Provo, UT 84606  West Park Family Health Center 750 N 200 W Ste. 201 Provo, UT 84601	801-429-2000	<a href="https://www.mountainlands.org/">https://www.mountainlands.org/</a>

		Payson Family Health Center 910 E 100 N Ste. 155 Payson, UT 84651		
Mountain Vista Direct Medical	Accepts all patients, no insurance accepted. Direct pay services.	236 S 500 W Provo, UT 84664	385-436-4327	Website: <a href="https://mountainvistadm.com">https://mountainvistadm.com</a>
Blake Family Medicine	Accepts all patients, no insurance accepted. Direct pay services.	775 N 500 W Ste. 101A Provo, UT 84601	385-375-7989	Website: <a href="https://blakefamilymedicine.com">https://blakefamilymedicine.com</a>  Email: <a href="mailto:questions@blakefamilymedicine.com">questions@blakefamilymedicine.com</a>

## SEXUAL VIOLENCE RESOURCES

Agency	Description	Address	Phone	Website/Email
The Center for Women and Children in Crisis-The Refuge	Sexual assault resources, shelter, and education groups.	Outreach Office 1433 E 840 N Orem, UT 84	Domestic Violence Hotline (open 24/7): 801-377-5500 Sexual Assault Services (open 24/7): 801-356-2511	Website: <a href="https://therefugeutah.org">https://therefugeutah.org</a>
Love is Respect	Services for 13-26 year olds	Online and phone resource only	1-866-331-9474	Website: <a href="https://www.loveisrespect.org">https://www.loveisrespect.org</a>
Utah Domestic Violence Coalition			801-793-4639	Website: <a href="https://udvc.org">https://udvc.org</a>
Utah County			801-851-8364	Website:

Victims Advocate Programs				<a href="https://crimevictim.utah.gov">https://crimevictim.utah.gov</a>
Child Abuse & Neglect Utah			1-855-323-3237	Website: <a href="https://dcfs.utah.gov">https://dcfs.utah.gov</a>

## MENTAL HEALTH

Agency	Description	Address	Phone	Website/Email
Latino Behavioral Health	Mental health services in Utah County		801-935-4447	Website: <a href="https://latinobehavioral.org/therapy">https://latinobehavioral.org/therapy</a>

## DENTAL CARE

Agency	Description	Address	Phone	Website/Email
UVU Dental Hygiene Clinic	Low cost dental care, no insurance needed. Appointments are long, as students are doing the exam.	987 South Geneva Road Orem, UT Health Professions Building, Room 141	801-863-7608	Website <a href="https://www.uvu.edu/dental/clinic.html">https://www.uvu.edu/dental/clinic.html</a>

To help us add more resources, please contact [mariaht@centrohispanouc.org](mailto:mariaht@centrohispanouc.org)